# Summary report from Health and Wellbeing Board, 19<sup>th</sup> June 2015

## Summary

This report is intended to update any interested groups on the work of the Health and Wellbeing Board. It includes information on items considered by the Board at their latest meeting on 19<sup>th</sup> June 2015 and updates on other items relating to health and wellbeing in the City of London. Details on where to find further information or contact details for the relevant officer are included for each item.

Full minutes and reports are available at: <a href="http://democracy.cityoflondon.gov.uk/ieListMeetings.aspx?Committeeld=994">http://democracy.cityoflondon.gov.uk/ieListMeetings.aspx?Committeeld=994</a>

## **Committee updates**

- Noise Strategy update of action plan
- Sexual health GUM (genito-urinary medicine) payment by results contracts
- Tobacco Control Harm Reduction Pilot update
- Health Profile for the City of London
- Business Healthy update

## Local updates

- City Supplement: Mental Health Needs Assessment
- Health and Wellbeing Library Collection
- Learning Well programme
- Sustainable City Awards
- Responsible licensing update
- Contaminated Land Strategy
- Mapping public healthcare and private healthcare provision in the City

#### **COMMITTEE UPDATES**

## Noise Strategy update of action plan

1. The City of London Noise Strategy was agreed by Port Health and Environmental Services (PHES) Committee in May 2012 and considers four key areas: dealing with complaints of excessive noise; minimising noise associated with new developments; reducing noise from transport and street works and protecting areas of relative tranquillity. The updated action plan sets out how the City Corporation will fulfil its statutory obligations for noise management, as well as seeking to improve the health and wellbeing of the City's residential and business communities in line with the priority area of the Joint Health and Wellbeing Strategy "The City is a less noisy place".

- 2. The City of London Noise Strategy is due to be reviewed, revised and consulted upon in the next year to reflect current concerns and will be published next year considering the period 2016 2020 to align with the City Air Quality Strategy 2015 -2020.
- 3. The contact officer is Steve Blake, Assistant Director Environmental Health & Public Protection, T: 0207 332 1604, E: <a href="mailto:steve.blake@cityoflondon.gov.uk">steve.blake@cityoflondon.gov.uk</a>

## Sexual health GUM (genito-urinary medicine) payment by results contracts

- 4. From April 2013, local authorities have been mandated to provide comprehensive sexual health services to their residential population. This includes open access to genito-urinary medicine (GUM) services, which include outpatient HIV services, HIV testing, specimen analysis and the dispensing of medication alongside a wider range of sexual health services. As it is open access, City residents can access GUM services across the country and the City of London Corporation will be required to pay for it.
- 5. To date, the City of London Corporation has been working with local authorities across Waltham Forest, Hackney, Tower Hamlets and Newham to negotiate the tariffs and terms for payment with GUM providers who have the highest activity levels for our local authority areas. These negotiations have resulted in savings for each local authority.
- 6. Members agreed the following recommendations for negotiating payments for GUM services in the future:
  - Officers to work with local authorities in East London to conduct tariff negotiations on an annual basis for the next three years (up to 2017/18) with large GUM providers to secure competitive tariff rates, validate activity against invoices, manage service requirements and issue the City's financial terms and conditions.
  - Officers to publish default conditions for financial year 2015/16 on the City
    of London Corporation website for other GUM providers who do not
    partake in local tariff agreements, outlining the City and Hackney proposed
    starting position for 2015/16 baseline tariff rates and outlining our
    conditions and procedures.
- 7. The contact officer is: Lorna Corbin, Commissioning and Performance Manager, T: 020 7332 1173, E: lorna.corbin@cityoflondon.gov.uk

## **Tobacco Control Harm Reduction Pilot update**

- 8. In March 2014 the City started a Tobacco Control Harm Reduction pilot programme within stop smoking services, with the aim of getting more people engaged in stop smoking services and increasing the quit rates of those entering services. These programmes included a "cut down" programme, an extended 12 week stop smoking programme, and the use of electronic cigarettes in addition to traditional stop smoking services.
- 9. The pilot programmes in both level II and level III have now come to an end, and have seen mixed results. The results have now been reviewed by the City's Tobacco Control Alliance and presented to the Health and Wellbeing Board. The area that has been most successful is the electronic cigarette

- pilot within level III stop smoking services, and the alliance recommends to Members that this part of the programme is continued.
- 10. Members agreed to cease the level II pilot programmes until such time as the pharmacists are in a position to offer electronic cigarettes, and to continue the level III electronic cigarette programme alongside traditional stop smoking services.
- 11. The contact officer is: Lorna Corbin, Commissioning and Performance Manager, T: 020 7332 1173, E: <a href="mailto:lorna.corbin@cityoflondon.gov.uk">lorna.corbin@cityoflondon.gov.uk</a>

## Health Profile for the City of London

- 12. Health Profiles provide a useful snapshot overview of factors influencing health and health outcomes for each local authority area in England. The profiles are available online at <a href="www.healthprofiles.info">www.healthprofiles.info</a>. Interactive map versions of the profiles and ward level data are also available.
- 13. However, Public Health England has not produced a profile for the City of London. Although the City of London has a relatively small resident population, it should still be possible to produce a profile using data that is already available from Public Health England.
- 14. Members endorsed the Chairman to write to Public Health England on behalf of the Health and Wellbeing Board, expressing concern that a profile has not been produced for the City and requesting that one be published in 2016.
- 15. The contact officer is Poppy Middlemiss, Health and Wellbeing Policy Officer, T: 020 7332 3002, E: <a href="mailto:poppy.middlemiss@cityoflondon.gov.uk">poppy.middlemiss@cityoflondon.gov.uk</a>

## **Business Healthy update**

- 16. The Business Healthy initiative aims to bring together City businesses to achieve positive change for the health and wellbeing of City workers.
- 17. Business Healthy began in 2014 and runs two expert-led events per year, and two member forum meetings. This year the City of London Corporation has launched a website (<a href="www.businesshealthy.org">www.businesshealthy.org</a>) as a central point of contact for the Business Healthy members and a source of up-to-date research, articles and reports. An event focused on mental health in the workplace, hosted by the Lord Mayor at Mansion House, is also being planned for September 2015.
- 18. The contact officer is: Zoe Tansey, Business Healthy Communications and Marketing Officer, T: 020 7332 3378, E: zoe.tansey@cityoflondon.gov.uk

#### **LOCAL UPDATES**

## **Substance Misuse Health Needs Assessment for the City of London**

## **Health and Wellbeing Library Collection**

19. The Health and Wellbeing collection is now available at the Barbican Library. This is a collection of books selected by health professionals to support the City of London Health and Wellbeing Board. The books in the collection

explore the wider social determinants of health, the drivers behind social and health inequalities and theories about protecting and improving the health of a population. Also included are books on the history of disease, the future of medicine, nudge theory and the problems with dieting and junk food. The books have all been chosen because they are thought-provoking, engaging and accessible rather than scientific text books. Links to key online publications are included in the accompanying leaflet, which will be available on our webpages. The collection is open to all at the Barbican Library, including those who work with the Health and Wellbeing Board and interested members of the public. Many thanks to Geraldine Pote, Principal Librarian at the Barbican Library, for her support in establishing this collection.

20. The contact officer is: Sarah Thomas, Health and Wellbeing Executive Support Officer, T: 020 7332 3223, E: <a href="mailto:sarah.thomas@cityoflondon.gov.uk">sarah.thomas@cityoflondon.gov.uk</a>. We would also welcome any suggestions for new titles for the collection.

## **Learning Well programme**

- 21. The City of London Adult and Community Learning team have been successful in securing funding from the Department of Business. Innovation and Skills for their Learning Well project. This is a community-based programme of activities and workshops which are designed to promote health recovery and wellbeing, specifically focusing on low-level mental health issues. The Learning Well project aims to promote a space for mental wellbeing, self-understanding, treatment and recovery. The project will work with local partners such as Recovery Colleges, community-based projects, GPs, schools and colleges to deliver a wide-ranging programme of activities including Yoga, Pilates, creative writing, food and mood workshops, mindfulness, singing, and routes back to employment. Sessions will be facilitated by experienced tutors and supported by peer volunteers. The aim is that the sessions will encourage participants to take steps to improving their mental wellbeing, with more in-depth support and referrals available for those who need further treatment.
- 22. The contact officer is: Barbara Hamilton, Head of Adult Community Learning, T: 020 7332 1755, E: barbara.hamilton@cityoflondon.gov.uk

#### **Sustainable City Awards**

- 23. The Sustainable City Awards aim to be the UK's foremost sustainable business awards scheme. The City of London Health and Wellbeing Board was the partner for the new Health and Wellbeing award category for 2015. This award recognises businesses that do outstanding or innovative work to promote the health of their workforce, which complements our Business Healthy aims of promoting workplace health and wellbeing in the City. The winners and runners-up were announced at an awards ceremony at the Mansion House in March 2015:
  - Winner Nomura: Nomura have shown a truly innovative approach to improving the health and wellbeing of their workforce. The fully understand the business case for the company wellness offering, and focus on emotional wellbeing and mental health as well as physical health. Nomura

- are leading the way in this area and are a great example to other City businesses.
- Runner-up WWF: WWF's new Living Planet Centre is not only a sustainable building; it is an exceptionally healthy workspace. WWF has also taken the opportunity to introduce a Wellbeing Programme with a range of events and activities to improve the health of their staff.
- <u>Shortlisted Close the Door:</u> Close the Door is an unusual campaign, getting major retailers to close their shop doors and thus reduce employees' exposure to harmful air pollution on busy streets, thereby protecting the health of workers across the UK.
- 24. The contact officer is: Sarah Thomas, Health and Wellbeing Executive Support Officer, T: 020 7332 3223, E: <a href="mailto:sarah.thomas@cityoflondon.gov.uk">sarah.thomas@cityoflondon.gov.uk</a>

## Responsible licensing update

- 25. As a licensing authority, the City of London Corporation is committed to responsible licensing, which support the Health and Wellbeing Board's aims around tackling problem drinking in the City. Below are details of two schemes that aim to encourage the responsible sale and consumption of alcohol in the City:
  - Safety Thirst: There are around 780 licensed premises in the Square Mile. The City of London provides the Safety Thirst award scheme which has been running since 2005 and is open to all licensed premises in the City and aims to reduce crime and anti-social behaviour while also ensuring there is a safe and pleasant environment for people to socialise and work. It is a collaborative approach between those working in the trade and the City of London Corporation, City of London Police and London Fire Brigade. To receive the award premises must meet a set of core standards drawn from the Code of Good Practice. From this year, businesses are able to achieve different levels on the award beyond 'pass' and awards for different types of premises are also being introduced. There are currently 32 businesses in the City who have met the standards and received the award.
  - <u>Late Night Levy:</u> The City introduced the Late Night Levy in October 2014. As a licensing authority the City is able to impose a levy on businesses selling alcohol after midnight, in order to mitigate some of the extra costs that the night-time economy generates for police and licensing authorities. Approximately £415k is expected to be collected during the first year of the scheme. Prior to 1 October 2014, 293 premises were permitted to sell alcohol after midnight, but prior to the levy being implemented 89 of them submitted variations to their licences to reduce their hours and thus avoid the levy, and more premises have done so since the introduction of the levy. In addition, businesses are incentivised to sign up to the City's Safety Thirst scheme, which allows them to obtain a 30% discount on the levy. To date, 26 of the liable businesses have applied for and met the Safety Thirst standards.
- 26. The contact officer is: Peter Davenport, Licensing Manager, T: 020 7332 3227, E: <a href="mailto:peter.davenport@cityoflondon.gov.uk">peter.davenport@cityoflondon.gov.uk</a>

## **Contaminated Land Strategy**

- The City of London Corporation published a Contaminated Land Strategy in 27. 2001 which was subsequently reviewed in 2004. The Department of Environment, Food and Rural Affairs (Defra) produced additional refined statutory guidance in 2012 which is legally binding and has been the catalyst for the revised Contaminated Land Inspection Strategy 2015 – 2020. The strategy fulfils the City of London's statutory obligation to set out its wider approach to contaminated land and its inspection duties within the Square Mile. The key priorities of the strategy are to protect human health, protect controlled waters, protect designated ecosystems, prevent damage to property and prevent further contamination of land. Public health colleagues were consulted during the development of the strategy to ensure it supports the Health and Wellbeing Board's overarching aim to promote the health and wellbeing of residents and workers in the City. The strategy has since gone out to public consultation and the final version is due to be signed off by the Port Health and Public Protection Committee at their September meeting.
- 28. The contact officer is: Rachel Sambells, Health and Safety Manager, T: 020 7332 3313, E: rachel.sambells@cityoflondon.gov.uk

## Mapping public healthcare and private healthcare provision in the City

- 29. This report identifies current public and private healthcare provision in and around the Square Mile area, for use by City workers and residents. It also considers where potential gaps might lie in meeting City workers' healthcare needs in the future. Whilst a range of healthcare services are identified, there are a proportion of City workers that feel their healthcare needs are not being met. There is scope therefore for greater healthcare service provision during times which are convenient for workers to attend appointments, with an emphasis on early start of day, lunchtime and end of the day appointments. This report will be used to inform our analysis of health needs and provision, policy and commissioning.
- 30. The report is available here: <a href="www.cityoflondon.gov.uk/business/economic-research-and-information/research-publications/Pages/Mapping-healthcare-provision-in-the-City.aspx">www.cityoflondon.gov.uk/business/economic-research-and-information/research-publications/Pages/Mapping-healthcare-provision-in-the-City.aspx</a>

#### **Sarah Thomas**

Health and Wellbeing Executive Support Officer

T: 020 7332 3223

E: sarah.thomas@cityoflondon.gov.uk